

# Body Language

ACHIEVE THROUGH PEOPLE

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## WHO SHOULD ATTEND:

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- All organizational levels
- People in constant face-to-face interaction with others

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## LEARNING OUTCOME:

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Attendees will learn how to understand the impact of non-verbal communication in any type of interaction and will be able to read others body language and improve their own.

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## TRAINING OUTLINE:

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- Facial expressions
- Body proxemics
- Proximity
- Professional attire and ornaments
- Positive and confident body language
- Impact on personal image
- Use of body language to build rapport

Attendees

**12 - 14**

Duration

**1 day**